

ALMONTE DANCE COMPANY
CLASSES OFFERED



Tiny Tots | Age 3

Accompanied by a parent, your tiny tot dancer will fall in love with dance through our creative movement classes. Upbeat music + Unique lesson plans will keep them focused and motivated to wiggle and giggle for the full 30min!

Minis | Age 4-5

Our Minis Class focuses on basic training in Ballet + Jazz through upbeat, trendy music we know your dancer will love! Technique skills paired with learning a Dance Combo is the perfect balance for your Mini Dancer!

Kinders | Age 5-6

Our Kinder Class is a continuation of our Mini Class (No prior experience is necessary!) Dancers build on Ballet + Jazz technique and learn Dance Combos in each class with the focus on a positive, fun environment!

**Level 1 Lyrical | Age 7-9 +
Level 2 Lyrical | Age 10-12**

Our Lyrical classes follow a contemporary style that is widely popular with this age group. Dancers will learn Ballet + Lyrical technique and will use those skills to tell a story through dance.

**Level 1 Jazz/Hip Hop | Age 7-9
Level 2 Jazz/Hip Hop | Age 10-12**

Our Jazz + Hip Hop class is the perfect pair for your energetic dancer! Dancers will learn Jazz technique as well as funky Hip Hop moves that will be showcased in Dance Combos.

**Teen | Age 13-17
Adult | Age 18+up**

Our Teen and Adult classes are a great way to combine Dance + Fitness in a Safe, Fun Environment. Learn basic dance moves to upbeat, trendy music, while exercising at the same time!

Call us today: **613-256-3683** or email us: almontedance@live.com